



# 100 Disney Foods to Eat Before you Die Challenge

*chipandco.com*

We created this **Disney Food Challenge** to see where exactly you fall on the **Disney World Food Addict Chart**. Keep score how many you have tried and at the end you will be graded on how you have done.

## **Magic Kingdom**

1. Dole Whip - [Aloha Isle](#)
2. Vegetarian Burrito - [Tortuga Tavern](#)
3. Mickey Premium Ice Cream Bar - Ice Cream Carts
4. Mickey Mouse Shaped Pretzel - Frontierland Pretzel Wagon
5. Popcorn - Pop Corn Carts
6. Vegetarian Chili - [Columbia Harbour House](#)
7. Nutella and fresh fruit waffle sandwich - [Sleepy Hollow](#)
8. Funnel Cake - [Sleepy Hollow](#)
9. Baked Potato - Liberty Square Market
10. Veggie Burger and Fixins - [Pecos Bill Tall Tale Inn and Cafe](#)

11. Tomato Basil Soup - [Pinocchio Village Haus](#)
12. Lighthouse Sandwich - [Columbia Harbour House](#)
13. Mickey Mouse Waffle - [Crystal Palace](#)
14. Vegetarian Sandwich - [Plaza Restaurant](#)
15. Ooey Goey Toffee Cake - [Liberty Tree Tavern](#)
16. Sweet Cream Cheese Pretzel - [Lunching Pad](#)
17. Citrus Swirl - [Sunshine Tree Terrace](#)
18. Greek salad, veggie wrap or veggie burger - [Cosmic Ray's Starlight Cafe](#)

#### Epcot

1. Vegeta Beta - [Club Cool](#)
2. Veggie Tacos - [La Hacienda de San Angel](#)
3. School Bread - [Kringla Bakeri Og Kafe](#)
4. Vegetable Torte - [Kringla Bakeri Og Kafe](#)
5. Tofu and Vegetable Noodle Bowl - [Sunshine Seasons](#)
6. Mango Green Tea - [China Pavilion](#)
7. Grand Mariner Slush - [France Pavilion](#)
8. Cucumber Margarita - [La Cava de Tequila](#)
9. Plato Vegetariano - [San Angel Inn](#)
10. Black Bean Vegetable Burger - [Liberty Inn](#)
11. Apple Cobbler - [Liberty Inn](#)
12. Caramel Corn - [Karmell Kutche](#)
13. Kaki Gori - [Japan Pavilion](#)
14. Gratin de Macaroni - [Chefs de France](#)
15. Soft Pretzel & German Beer - [Sommerfest](#)
16. Vegetable Couscous - [Restaurant Marrakesh](#)
17. Vegetarian Platter - [Tangierine Cafe](#)
18. Quattro Formaggi Pizza - [Via Napoli](#)

#### Hollywood Studios

1. Butterfinger Cupcake - [Starring Rolls Cafe](#)
2. Marble Cupcake - [Starring Rolls Cafe](#)
3. Peanut Butter Cupcake - [Starring Rolls Cafe](#)
4. Red Velvet Cheesecake - [Starring Rolls Cafe](#)
5. Carrot Cake Cookie - [The Writers Stop](#)
6. Strawberry Muffin - [The Writer's Stop](#)
7. Grapefruit Cake - [Hollywood Brown Derby](#)
8. Vegetarian Version of the Cobb Salad - [Hollywood Brown Derby](#)

9. Noodle Bowl with Wok-fried Coconut Tofu - [Hollywood Brown Derby](#)
10. Seasonal Marinated Vegetable Flatbread - [Mama Melrose's Ristorante](#)
11. Hand-rolled Potato Gnocchi - [Mama Melrose's Ristorante](#)
12. Honey-Hazelnut & Ricotta Cheesecake - [Mama Melrose's Ristorante](#)
13. Milkshake - [Sci-Fi Dine-In Theater](#)
14. Vegetable Burger - [Sci-Fi Dine-In Theater](#)
15. Vegetarian Cheeseburger - [Rosie's All-American Cafe](#)
16. Spaghetti and Vegetarian Meatballs - [50's Prime Time Cafe and Tune-In Lounge](#)
17. Beer Battered Onion Rings - [50's Prime Time Cafe and Tune-In Lounge](#)
18. Peanut Butter Jelly Milkshake - [50's Prime Time Cafe and Tune-In Lounge](#)
19. Dad's Electric Lemonade - [50's Prime Time Cafe and Tune-In Lounge](#)
20. Grilled Veggie Sandwich - [Backlot Express](#)

#### Animal Kingdom

1. Jalapeno stuffed cheese pretzel - Safari Pretzel
2. Veggie eggroll - Bradley Falls kiosk
3. Vegetable Lo Mein - [Yak and Yeti](#)
4. Fried Wontons - [Yak and Yeti](#)
5. Cinnamon glazed almonds/pecans - [Dino Diner](#)
6. Spinach and Goat Cheese Frittata - [Pizzafari](#)
7. Vegetable Pizza - [Pizzafari](#)
8. Vegetable Subosaurus - [Restaurantosaurus](#)
9. Specialty Tea or Coffee - [Royal Anandapur Tea Company](#)
10. Zebra cupcake - [Kusafiri Coffee Shop and Bakery](#)
11. Brownie paw - [Kusafiri Coffee Shop and Bakery](#)
12. White Chocolate elephant cupcake - [Kusafiri Coffee Shop and Bakery](#)
13. Cotton Top Tamarin Cupcake - [Kusafiri Coffee Shop and Bakery](#)

#### Deluxe Resorts

1. Zebra Domes - [The Mara](#) - Animal Kingdom Lodge
2. Vegetable Flatbread - [The Mara](#) - Animal Kingdom Lodge
3. Taste of Africa - [Jiko – The Cooking Place](#) - Animal Kingdom Lodge
4. Indian Style Bread service - [Sanaa](#) - Animal Kingdom Lodge
5. Sanaa Vegetarian Sampler - [Sanaa](#) - Animal Kingdom Lodge
6. Grilled Vegetable Sandwich - [Beaches & Cream](#) - Beach Club Resort and Villas
7. Kitchen Sink - [Beaches & Cream](#) - Beach Club Resort
8. Tonga Toast - [Kona Cafe](#) - Polynesian Resort
9. Macadamia Nut Pancakes - [Kona Cafe](#) - Polynesian Resort

10. Pan Asian Noodles - [Kona Cafe](#) - Polynesian Resort
11. Lapu Lapu - [Tambu Lounge](#) - Polynesian Resort
12. Pele's Fire Punch - [Spirit of Aloha Dinner Show](#) - Polynesian
13. Kilauea Volcano Delight Dessert - [Spirit of Aloha Dinner Show](#) - Polynesian
14. Vegetarian Platter with Tempura Veggies & Tofu - [OHana](#) - Polynesian Resort
15. Bread Pudding with Banana Foster Sauce - [OHana](#) - Polynesian
16. Smoky Portobella Mushroom Soup - [Artist Pointe](#) - Wilderness Lodge
17. Sautéed Red Quinoa Cakes - [Whispering Canyon Cafe](#) - Wilderness Lodge
18. Triple Cheese Brick Oven Flatbread - [California Grill](#) - Contemporary Resort
19. Goat Cheese Ravioli - [California Grill](#) - Contemporary Resort
20. Strawberry Soup - [1900 Park Fare](#) - Grand Floridian Resort & Spa
21. Vegetarian Bento Box - [Flying Fish Cafe](#) - Boardwalk Resort and Villas

#### Moderate Resorts

1. Beignets - [Sassagoula Floatworks and Food Factory](#) - Port Orleans French Quarter
2. Create Your Own Pasta - [Riverside Mill](#) - Port Orleans Riverside

#### Value Resorts

1. Tye Dye Cheesecake - [Everything Pop Food Court](#) - Pop Century Resort
2. Tandoori Acorn Squash with Naan bread - [Landscape of Flavor Food Court](#) - Art of Animation

#### Downtown Disney

1. Chocolate Covered Pretzels - Goofy's Candy Company
2. The Caprese - [Earl of Sandwich](#)
3. Brachiosaurus Bruschetta - [T-Rex](#)
4. Agave-Sweetened Brownies - [Babycakes NYC](#)
5. Four Cheese Pesto Pizza - [Wolfgang Puck Express](#)
6. Doh Bars - [Cooke's of Dublin](#)

So how did you do? Lets look at the scoring chart below:

**1-25 - Disney Veggie Noobie:** You need to be a bit more adventurous and really branch out at Disney World. Try new things, use those snack credits to their fullest. You are probably new at being a Vegetarian and secretly crave the taste of meat ;)

**26 - 50 - Disney Foodie in Training -** Getting better. You probably have kids or family that are meat eaters and are stuck visiting the Buffets every visit. You drool over Disney Food Photos and have a mental checklist of things you want to try.

**51 - 75 - Disney Foodie -** You have been around the park. You know what you like and

**try to get out and try new things all the time. You probably blog about Disney or fill your Facebook wall with articles from Chip and Co.**

**76 - 100 - Disney Food Addict - Someone get this person a Citrus Swirl cause you have earned it! You are the Elite! People come to you when they have food questions. We need for you to join us on the site and blog about Vegetarian Disney Food for a living! Let us know how you did in the comment box below!**